

6 KEY STRENGTH

Dr. Lian Albumin VitalFit

01

01

Core Ingredient: Egg White Albumin 600 mg

: A one-tablet-a-day formula that fills in the final missing piece of essential amino acids often lacking in the daily diet.

02

Top-Tier Protein, PDCAAS 1.0

: A high-quality protein recognized by the body first, with a perfect amino acid score of 100 and high net protein utilization (NPU).

03

Quality Building Blocks for Albumin Synthesis

: Provides a full spectrum of essential amino acids that the liver can readily use to synthesize albumin.

04

Liver, Metabolism & Antioxidant Support

: Formulated with supportive ingredients such as bamboo sap, arginine, vitamin B complex, and zinc to gently assist the body's recovery routine.

05

An Easy One-Tablet- a-Day Protein Routine

: A practical daily backup plan that helps complement an inconsistent diet without requiring excessive intake.

06

Rebuilding the Foundation of Physical Vitality

: Rather than offering temporary stimulation, it helps steadily rebuild the body's basic foundation weakened by protein deficiency.



6 KEY STRENGTH

Dr. Lian Potassium Water Balance

02

01

Effective 1,500 mg Daily Dose

: Going beyond the typical 300–900 mg range, this high-potency 1,500 mg formula is designed to deliver meaningful support for excretion.

02

Fluid & Bloat Balance via Sodium Excretion

: Promotes sodium (Na+) excretion to fundamentally help manage fluid retention that can make the body feel heavy and swollen.

03

Muscle & Nerve Support for Cramps and Fatigue

: Supplies essential electrolytes that support muscle contraction and nerve signaling, helping relieve frequent cramps, leg tingling, and post-exercise fatigue.

04

Restoring the Sodium-Potassium Balance

: Helps correct the imbalance caused by high-sodium diets, supporting stable whole-body metabolism and foundational vascular health.

05

Plant-Based Support for Natural Circulation

: A synergistic blend of red pumpkin, red bean, and corn silk that gently supports fluid metabolism without interfering with the core function.

06

4-Tablet Design for Absorption & Compliance

: Divided into four tablets per day instead of one large tablet, the formula helps reduce stomach burden and makes daily intake easier.



6 KEY STRENGTH

Dr. Lian Alpha-CD Bromelain

03

01

Effective 1,500 mg Daily Dose

: A high-potency daily formula of 1,500 mg, designed to go beyond the usual 300-900 mg range and drive meaningful changes in key indicators.

02

Alpha-Cyclodextrin 2,530 mg

: Promotes sodium (Na+) excretion to fundamentally help manage fluid retention that can make the body feel heavy and swollen.

03

Indigestible Maltodextrin 1,000 mg

: Supplies essential electrolytes that support muscle contraction and nerve signaling, helping relieve frequent cramps, tingling in the legs, and restore energy after exercise.

04

Pineapple-Derived Bromelain 200 mg

: Helps correct the imbalance caused by a high-sodium diet, supporting stable whole-body metabolism and foundational vascular health.

05

One Easy Stick a Day, Before or During Meals

: A synergistic blend of aged pumpkin, red bean, and corn silk that gently supports fluid metabolism without interfering with the product's core function.

06

A Premium Mechanism Backed by Research

: Divided into four tablets per day, the formula helps reduce stomach burden and makes daily intake easier.

